




ABLE CHARITIES
HEPLING THE HELPLESS

Adding happiness
and hope to life.

2018
Annual Report

A pair of hands, one appearing older and wrinkled, the other younger and smoother, are gently holding a small green plant in a pot of dark soil. The background is a dark, textured surface, possibly mulch or soil. The lighting is warm and focused on the hands and the plant.

Mission

ABLE's mission is to improve the quality of life for people living in villages in general, with a specific focus on assisting orphans, widows and their children, by offering medical services, education, and vocational activities in an environment that is affordable, congenial and rural based.

Vision

ABLE's vision is to be a leading transparent and professionally managed non-profit organization addressing healthcare, education, and employment in rural India. It is the vision of ABLE to make an honest endeavour to ensure provision of healthcare and education to that segment of rural poor (orphans and children of widows) who are deprived of these basic facilities due to acute poverty and ignorance.

Introduction

ABLE Charities is an internationally registered non-profit organization that operates in the rural areas of Palwal and slums of Faridabad to facilitate education and healthcare for the grossly underprivileged strata of our society. From the time it was founded in 1993, the focus of ABLE Charities in the rural areas has been to serve poor women, especially widows, their children and orphans. The 100-bed ABLE Charitable Hospital has been instrumental in treating over 4,45,000 patients (till date) and around 1,000 major general operations are carried out at the hospital annually besides the Free Cataract surgeries. ABLE Charities also provides education to 1,040 orphans and children of widows in the villages of Palwal and children living in the slums of Faridabad.

The 4 Flagship Projects of ABLE are as follows:-

- 1) ABLE Charitable Hospital at Palwal
- 2) 2000 Free Cataract Surgery every year
- 3) Orphanage- 'Prem Ghar' for Girls at Palwal
- 4) Providing Non-Formal Education to children in slums of Faridabad.



From the President

Dear friends,

On completion of 25 years of our services to the society, we resolve to serve more and better. We have decided to firstly improve whatever we are doing.

Our service to the poor and needy in the slums where we have got 8 schools with over 750 Children, we are now endeavoring to give all the children some nutritious lunch so that all the children have better health for better future. With the support of our donars we have already started providing meal to 400 children in 2018.

Girls Orphanage is being improved both in environment and also in providing better food and facilities of living to the children as well as increasing the number of orphan girls living with us. Starting from just five girls in about 18 months back, we have nearly 30 girls today. Our target is minimum 80 girls as soon as possible. It is very heartening to inform that practically all the food and milk is absolutely organic, producing in house.

The program regarding FREE Eye Cataract Operations is going ahead at full speed. We hope to meet our target of doing 1500 free cataract operations in a year. When we look to our past with fulfillment and satisfaction but we do not sit on our past laurels but plan for more social services to the needy and deprived.

Our first project for the New Year 2019 is in the medical side we hope to set up A DIALYSIS Centre where we look after the poorest of the poor. We DREAM of doing in one dialysis at only US\$ seven 7 only. With the help of Rotarians in our city Faridabad we hope to set up the project by May/June 2019.

ABLE CHARITIES is a big organization in a way but keeping in view the size of population of our area we are like a grain of sand on a beach. Since with big population in our area we can need to serve huge number of the needy but that is possible if you continue to help us with Full mental , and financial support that you have been giving for decades.

I wish VERY HAPPY NEW YEAR TO ALL the people who have been joining us in service to the needy.

With Regards

Prem Kumar Khullar

Squadron Leader (Retd.)

President

ABLE Charities



Prem Kumar Khullar

ABLE CHARITIES – Welfare Programs (2018)

Educational Activities (Non formal Education Centers)

In 2011, ABLE India took an initiative to start non formal education centers in different slums of Faridabad with the objective 'IF A CHILD CANNOT GO TO SCHOOL, LET THE SCHOOL GO TO THE CHILD'. At present, ABLE is educating 700+ slum dwelling children in 8 centers across Faridabad. These centers provide need based educational services to the marginalized children & 450+ children are given nutritious Mid-Day Meal every day.



XEROX India is the Indian subsidiary of Xerox Corporation, based in Gurgaon, India the American printer, Photocopier, Document supplies, Technology & Services Company. In 2018 XEROX started supported ABLE CHARITIES Non Formal Program with the comprehensive way addressing the health, nutrition's, education and ensuring active parenting.

THOMSON PRESS is among the largest commercial printer and allied services company in the Indian sub-continent They started supported ABLE CHARITIES by providing the mid meal to 300 children and 100 bicycles were given to 100 needy school going girls. Out of 100 girls 56 were the girls who have started their education from ABLE NON FORMAL CENTRES. They were mostly drop outs and admitted in regular school by ABLE.



Awareness Session with Children, Parents.

ABLE CHARITIES believes getting the safe shelter, education, nutrition and care is the right of every children. Achieving this by partnership we meet to every stake holders who impacts the life of children like parents, school teacher and community they live in. To make every stake holder accountable towards their duties for children we organize awareness talks on different social issues.



Distribution of Blankets and Sweater

The sweaters and blankets were distributed to most needy communities.



Free Tricycle Distribution

ABLE distributed 20 tricycles to the physically handicapped people.



Orphans Children's Program - PREM GHAR PALWAL

On 6th June 2017 we were able to make our own home for girls. We got 29 girls from a very derelict home for better living and of course, better medical and education to girls. All this as if a dream has come true. PREM GHAR is for 80 Girls full time residential facility.



PREM GHAR Girls gone to Vrindavan Temples.



Vaccination Drive @ ABLE PREM GHAR for GIRLS

CELEBRATIONS & ANNUAL EVENT:

All the festival, national days celebrated at ABLE with great enthuzasiom , below is the one glimpse of few



Women Day 2018



Independence Day Celebration @ PREM GHAR



PREM Ghar Girls @ Gurudwara on GuruPurab



Raksha Bandhan Celebration @ PREM Ghar Palwal



Christmas Celebration-25th Dec @ Faridabad, Haryana, India.



Havan @ ABLE PREM Ghar - New Year

ABLE'S ANNUAL EVENT



ABLE's Annual Event organised on 23rd Sept. 2018 @ Radisson Blu Faridabad, Haryana

ABLE CHARITY LONDON

With the support of ABLE management team from Nothigham and team of volunteers from London two charity dinners were organized at England on 7th July and 15th July 2018 respectively. Both the dinner was a huge success as Nottingham dinner was attended by 120 people and London dinner by 80 people.

One Kind Act London donated 6000 pounds for free Eye Cataract Operation for poor needy people at Palwal.



Some of the guests in London Charity Dinner- July 2018



ABLE CHARITIES Organised at Nottingham England

Welfare and Health Services by ABLE CHARITABLE HOSPITAL, Behrola, Palwal.

ABLE Charities has a multispecialty 100 bed Charitable Hospital at Palwal. Followings are the services carried out by major department

Free Eye Cataract Operations - This has been the 5th year of when able launched this program in September 2014 since then we have done approximately 6000 Free Cataract Surgeries. Old people from far flung areas are brought to the hospital, operated upon, kept in the hospital for a day or two as required and when found to be fully cured and dropped to the respective villages. Over 1700 operations were done in 2018.

General Surgeries - Total General Surgeries (exp.Prostate, lapchole etc.) done by ABLE HOSPITAL in year 2018 are 700 plus.

Preventing Health Campus - To make the general public aware on different health issues we organize 300 medical campuses, covering the approximately 80 villages of Faridabad, Palwal, Nuh and Mewat district.



Free Eye check up camp organised by ABLE Charitable Hospital



Health Check up @ Prem Ghar



Eye Camp organised by ABLE Charitable Hospital

ABLE Charities Thank All The Supportees and Donors

Members of executive council of ABLE Charities (India)

Sh. P. K. Khullar
Sh. Om K. Khullar
Sh. Jagjit Lal
Mrs. Rani Lal
Mr. S. C. Mahna
Mr. Rajesh Mahna
Ms. Geeta Khullar

Thanks to Members of ABLE Charities (Faridabad Team)

Sh. Anand Mehta
Sh. Atul Chopra
Sh. Harsh Rampal
Mrs. Neeta Aneja
Mrs. Alka Khanna
Sh. Dhirender Jain

Thanks to our Special Donors (From Faridabad, Gurgaon)

Sh. Rajiv Chawla
Mr. Virender Khullar
Mr. H.S.Banga
Mr. Shanti Lal Jain
Mrs. Charu Sachdev

Ms. Suruchi (SHE Parlour)
Mr. Vijay Adlakha
Mr. Ajay Adlakha
Mr. Vevek Ghai
Mr. Amarjeet Kochhar

Thanks to our Special Donors (From Delhi)

Mr. Om K. Khullar
(Baddi Foils Pvt. Ltd)
Mrs. Surender Soi
Mr. Ajay & Mrs. Radhika Bahl
Ms. Rita Tuli
Ms. Prabha Whig & Family
Mr. Inderjeet Kochhar

Thanks to Members of ABLE Charities (Palwal Team)

Mr. M.L. & Mrs. Poonam Bansal
Dr. Vandana Kalra
Mr. Raj Singh (Advocate)
Principal. Narayan Singh

Thanks to Members of UK, US & Canada

Suja Kataryas and Family, US
Dinesh Khullar, US
Gurdeep Khullar, US
Sunder Khullar, US

Kundan Kullar, Canada
Mona Bhalla, Canada
Rajiv Maini, US
D K Nangia, US
Naveen Miglani, US
Aradhna & Vinu Luthra, US
Mrs. Anu Gulati, UK
Mrs. Prakesh Katari, UK
Mr. Adrash & Surkesha Verma
Mrs. Rajrani Chawla

Thanks to

All members of ABLE YOUTH
EIS Technologies Pvt. Ltd,
Hyderabad.
Roshan Lal Public Charitable
Trust, Noida.

And all the Doctors and Staff of ABLE Charitable Hospital, Palwal

**HELP US TO HELP THOSE WHO CAN NOT HELP THEMSELVES.
I WOULD LIKE TO DONATE**

USA: ABLE USA Inc. Charity Number DLN17053260015033 as per IRS letter dated Jan 13, 2004.

ENGLAND: ABLE Charitable Trust. UK Regd. Charity No 1067010.

INDIA: ABLE Charitable Hospital, Charity No. S/25077 of 1993 (Delhi)
ABLE Charities, Yes Bank, Acc.No: 006990300000048, IFSC Code: YESB0000069

For bank details & addresses in respective countries contact :

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DONATIONS CAN BE MADE IN ANY OF THE COUNTRIES WHERE IT IS TAX EXEMPT

280 लोगों ने करवाई अपने स्वास्थ्य की जांच

शिविर

- शहीदी दिवस पर गुरुद्वारे में तथा स्वास्थ्य जांच शिविर
- ती से अधिकतम मिले उच्च रक्तचाप व मधुमेह से ग्रस्त

को बर्बादजिन देते हुए ज्ञानी डॉक्टर सिंह, ज्ञानी सतनाम सिंह, ज्ञानी गुरवीर सिंह की तरफ से जप जो का फल किया गया। शिविर को सफल बनाने में मुख्य रूप से महेंद्र सिंह बटो, देसा सिंह, सतपाल सिंह, सोहन सिंह, सुनील घुटानी, विकास मोहंदरला, राजू हसीजा, अमित कुमार, राजदीप सिंह, हरेश सिंह, संदीप जुनेजा, रमन चुप में योगदान दिया।

गुरु गोबिंद सिंह के चार सहकर्मियों के शहीदी दिवस पर गुरुद्वारा सिंह तथा पलवल शहर में आयोजित निरगुलक शिविर में स्वास्थ्य जांच कराते लोग ● जाहलख

से अधिक लोग रक्तचाप व मधुमेह से ग्रस्त पाए गए। शिविर में बिजली बिल सेटलमेंट योजना को लेकर कनिष्ठ अभियंता सतीश घोषी को देखा देखा में स्थान भी लगाया गया। शिविर से पहले गुरुद्वारे में चार सहकर्मियों की शहादत

जानस्य संघर्षदाता, पलवल : गुरु गोबिंद सिंह के चार सहकर्मियों के शहीदी दिवस पर गुरुद्वारा सिंह तथा पलवल शहर में मुफ्त स्वास्थ्य जांच शिविर लगाया गया। शिविर का शुभारंभ एसडीएम जितेंद्र कुमार ने किया व अस्पताल गुरुद्वारा सिंह तथा के अध्यक्ष रमनजीत सिंह ने की। शिविर में ऐबल अस्पताल की तरफ से डा. अजीत मिश्रा, डा. राजेश तिवरिया, अनूप कुमार ने तथा केसी अस्पताल की तरफ से डा. संदीप गुप्ता, डा. प्रसांत गुप्ता ने खेरी की जांच की।

शिविर में 280 लोगों ने जांच कराई, जिसमें 18 मरीजों की आंखों में सफेद व काला मोतिया पाया गया तथा 100



मोतियाबिंद मरीजों के मुफ्त हुए ऑपरेशन

संस, पलवल : गांव बहरीला स्थित ऐबल धर्मार्थ अस्पताल में मोतियाबिंद के मरीजों के लिए मुफ्त ऑपरेशन शिविर लगाया गया। इस अवसर पर नौ मरीजों की ऑपरेशन किए गए। अस्पताल के नेत्र रोग विशेषज्ञ डॉ.अजीत कुमार ने बताया कि गांव अटाली स्थित वृद्धाश्रम में आयोजित शिविर में करीब 90 मरीजों की जांच की गई थी। जांच के दौरान नौ मरीजों की आंखों में मोतियाबिंद पाया गया। इन नौ मरीजों की आंखों का ऐबल धर्मार्थ अस्पताल में मुफ्त ऑपरेशन किए गए हैं। ऑपरेशन के बाद मरीजों को वाई में भेज दिया।

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Major Sponsors & Donors:

